

TABLE OF CONTENTS

SECTION ONE: CONTENTS & OUTLINES

TABLE OF CONTENTS	1
PROGRAM FOR FORMATION	11
LAY DOMINICAN FORMATION PROGRAM	15
THE PILLARS OF DOMINICAN LIFE	19
SUGGESTED FORMATION PROGRAM	21

SECTION TWO: FORMATION

FORMATION FOR DOMINICAN LAITY (Thomson M OPL)	5-10
Program for Formation	5
The Formation of Dominican Laity	9
Introduction	9
Stages of Formation	9
1. Probation	9
2. Temporary Profession	10
3. Final Profession	10
TOPIC 1 - THE DOMINICAN LAITY	11-13
A definition of Dominican Laity - their aim and call to the Order	11
History and Origins of Third Orders	12
The Advantages of Belonging to a Chapter	13
TOPIC 2 - THE OBJECTIVES OF THE ORDER	15-20
St. Dominic and the Early History of the Order	15
The Badges and Mottoes of the Order	16
The Arms of the Dominican Order	19
TOPIC 3 - LIVING IN THE SPIRIT OF THE BEATITUDES IN THE WORLD TODAY	21
The Example of St. Dominic	21
TOPIC 4 - THE DOMINICAN FAMILY - THE IMPORTANCE OF COMMUNITY	25

TOPIC 5 - THE DOMINICAN TERTIARY AS A CONTEMPLATIVE IN MODERN SOCIETY	29
TOPIC 6 - LITURGICAL PRAYER	31-33
Structure of Morning and Evening Prayer	33
TOPIC 7 - A STUDY OF THE RULE OF THE DOMINICAN LAITY	35
TOPIC 8 – FORMATION - LAY DOMINICAN FORMATION PROGRAM (PROVINCE OF SAINT JOSEPH USA)	37
SESSION I: SPIRIT AND AIMS OF ST. DOMINIC	41-46
Life of St. Dominic	41
Aims of St. Dominic	43
Spirit of Saint Dominic	44
Discussion Questions	45
References	45
Suggested Reading Material for the Postulant	46
SESSION II: DOMINICANS: PEOPLE OF THE WORD	47-56
The Presentation	47
Prepared discussion Questions	52
Summation	52
Closing Prayer	53
An Opening Hymn	53
Psalm 19	54
Note	55
References	55
SESSION III: A WORKING PROPOSAL FOR A FORMATION PROGRAM FOR LAY DOMINICANS	57-72
Dominican Prayer	57
Goal Statement	58
Formal Presentation Number One - An Outline	
Dominicans as People of Prayer	60
Formal Presentation Number One – Dominicans as People of Prayer	62
Prepared Discussion Questions	68

Leader's Bibliography	69
Formal Presentation Number Two – The Practice of Lectio Divina	70

**SESSION IV:
PART ONE: APOSTOLATE AND THE LAY DOMINICAN** 73-80

Statement of Goals	73
Outline of Presentation	73
1. Origins	74
2. Characteristics of Apostolate	75
3. Fruits of the Apostolate	78
Summary	79
Questions	79
Resources	80
Concluding Prayer	80

**SESSION IV:
PART TWO: STUDY AND THE LAY DOMINICAN** 83-89

Statement of Goals	83
Outline of Presentation	83
Questions	88
Summary	88
Resources	89
Prayer	89

**SESSION V:
COMMUNITY** 91-101

Statement of Lesson Goals	91
Outline of Presentation	91
Formal Presentation	
I. Introduction to Community	92
II. Expressions of Community in Diverse Branches of Dominican Order	95
References	100
Discussion Questions	100
I. Introduction to Community	100
II. Expressions of Dominican Community	100
Opening Prayer	100
Closing Prayer	100

**SESSION VI:
LAY DOMINICAN COMMUNITY IN PRACTICE** 103-113

Overview	103
Outline	104
Goal Statement	104
Formal Presentation	105
Conclusion	109
Discussion Questions	110
Bibliography	110
Prayers said after compline	111
Salve Regina	112
O Lumen	113

**THE PILLARS OF DOMINICAN LIFE - DOMINICAN SPIRITUALITY
FOR THE LAITY**
(Fr. Greg Anderson OP, Holy Name Province USA) 115 -165

Preface	115
Introduction	116
I: Veritas - Truth	118
II. Contemplation for the Laity	122
III. Study	126
IV. Liturgical Prayer	129
V. Personal Prayer	133
VI. Meditation or Mental Prayer	137
VII. Devotion to the Blessed Virgin Mary	141
VIII. Penance	145
IX. Community Life	149
X. Poverty	153
XI. Loyalty to the Church	157
XII. Preaching	161
Conclusion	165

SECTION THREE: ADMINISTRATION

THE LIFE OF A DOMINICAN LAITY CHAPTER 3-10

1. Chapter Life	3
2. Chapter Officials	3
Chapter Council	3
President	3
Secretary	4
Treasurer	4
Director of Formation	5

	Religious Promoter	5
	Priest Assistant	6
	Religious Assistant	6
3.	How to Conduct a Chapter Meeting	7
	Before the Meeting	7
	At the Meeting	7
	a. The Priest Assistant or Religious Promoter/ Assistant presiding	7
	b. The Chapter President presiding	8
	c. Discussion of a prepared text; a special lecture, etc.	8
4.	Special Gatherings	8
5.	Apostolate:	9
6.	Liaison with other Groups	10
	RECOMMENDATIONS FOR FINDING NEW MEMBERS	11
	A Sample Recruiting Brochure	13
	LAY PROVINCIAL COUNCIL	15-31
	Position Descriptions	15
	Preamble	15
	Religious Promoter's Representative	16
	Provincial Promoter	17
	Provincial President	18
	Provincial Secretary	19
	Provincial Treasurer	20
	Provincial Councillor	20
	Application for Funding to Attend a Conference/Meeting	21
	Lay Provincial Council Elections	23
	Nomination Form	23
	Personal Data and Information Sheet	24
	Covering Letter for Voting Papers	25
	Ballot Paper	27
	Prompt Sheet	28
	Tally Sheet for Provincial Elections	29
	Annual Chapter Report Form	31

SECTION FOUR: DOCUMENTATION

THE FUNDAMENTAL CONSTITUTION OF THE DOMINICAN LAITY	3
THE RULE OF THE LAY FRATERNITIES OF SAINT DOMINIC	7
GENERAL DECLARATIONS	13
DIRECTORY FOR MEMBERS OF THE DOMINICAN LAITY	15
APPENDICES TO THE DIRECTORY OF THE PROVINCE	27
DOMINICAN DOCUMENTATION	37
FUNDAMENTAL CONSTITUTIONS AND ORDINATIONS OF THE ORDER OF FRIARS PREACHERS	38
KEY SECTIONS OF THE CONSTITUTIONS OF THE ORDER	41
THE BOLOGNA DOCUMENT 'ON THE DOMINICAN FAMILY	42
ACTS OF GENERAL CHAPTERS	46-73
1971 - Tallaght	46
1974 - Madonna Dell'Arco	46
1977 - Quezon City	47
1986 - Avila	50
1989 - Oaklands	58
1992 - Mexico City	59
Homily from Fr Timothy Radcliffe, Mexicon	61
1995 - Caleruega	63
1998 - Bologna	66
ACTS OF PROVINCIAL CHAPTERS	74
CANONS AND COMMENTARY	79
ASSOCIATIONS OF THE CHRISTIAN FAITHFUL – EXTRACTS FROM DIRECTORY & BY-LAWS OF THE DOMINICAN LAITY OF OTHER PROVINCES	80-115
Phillippine Province	91
Canadian Province	102

DOMINICAN LAITY CONVENTIONS & CONFERENCES

LIST OF CONVENTIONS 119

SELECTED TALKS, WORKSHOPS & REPORTS 125-190

DOMINICAN LAITY CONVENTIONS

1967 - Canberra	
Should The Third Order Have A Specific Apostolic Work?	125
1973 - Maitland	
Tertiary Prayer	127
The Liturgy And Tertiary Life	130
1982 - Perth	
A Spirituality for Lay Dominicans in A & NZ	132
1985 - Sydney	
Report By The Ex-Provincial Promoter of the Dominican Laity	140
Apostolic Works	145
1994 - Adelaide	
Towards 2000	146
1997 - Tamworth	
Living the Truth: Is there a specifically Dominican Morality	154
The Dominican Laity - Past, Present and Future	171

DOMINICAN FAMILY CONFERENCE

1999 - Canberra	
Praying the Psalms	178

SECTION FIVE: HISTORY & HAGIOGRAPHY 3-45

Some Important Dates	2
The Third Order of St. Dominic – Encapsulated History	4
The Origins of the Dominican Order, Peel H, OP	9
History of the Dominican Laity, Weber R, OP	12
The Dominican Third Order: ‘Old and New Style’ – Schillebeeckx E, OP	23

<u>SECTION SIX:</u>	<u>SPIRITUALITY</u>	2-42
	Dominican Spirituality – Schillebeeckx E, OP	2
	Dominican Spirituality and Vatican II’s Expectations of Lay People	15
	St. Dominic’s Nine Ways of Prayer	25
	Dominican Devotion to our Lady – The Dominican and The Rosary	33
	St. Catherine and Contemporary Spirituality	38
	Dominican Spirituality – Ashley BM, OP	42

<u>SECTION SEVEN:</u>	<u>ARTICLES & RESOURCES</u>	3-41
	The Future in Black and White	3
	Dominican Family Call and Response	9
	The Purpose of the Dominican Laity	19
	The Gospel Life: One Family, Many Gifts	27
	The Prophet, Justice, and the Ministry of Spiritual Direction	35
	Creative Preaching Through Art: The Dominican Contribution	41

<u>SECTION EIGHT:</u>	<u>LETTERS FROM THE MASTERS</u>	
	1995 Vowed to Mission	3
	1997 Dominican Freedom and Responsibility	43
	1998 The Promise of Life	75
	1999 Letter to our Brothers and Sisters in Initial Formation	109

<u>SECTION NINE:</u>	<u>PROVINCIAL PUBLICATIONS</u>	
	The Truth Will Set Us Free	(sleeve 1)
	Preachings for the Journey	
	The Promise of Life	(sleeve 2)
	Dominican Freedom and Responsibility	(sleeve 3)
	Sample Recruiting Brochures	(sleeve 4)

SECTION TEN: **BIBLIOGRAPHY**

PROGRAM FOR FORMATION

PREAMBLE

The following program is based on eight topics. The areas of study are suggestions for Chapters to follow and should not be considered as a prescription, as the abilities and interests of the Laity will vary according to age and educational standards. It is thought that a simple overview be given of each of the topics for beginners and the program used in successive years, being spiralled to suit the needs of each particular Chapter. Throughout the program there is a correlation between Dominican Laity today drawing riches from the history of the Order and strength from the spirit of the Dominican Family in Community.

TOPIC 1:

THE DOMINICAN LAITY

Define the Dominican Laity

Define the aim of Dominican Laity

What is involved in becoming a member of the Dominican Laity?

Is it a vocation?

How can a vocation to a religious Order be accomplished by Laity?

Why a Dominican vocation?

History of the order

How did the Dominican Laity come into existence - the early beginnings of the Dominican Laity?

The advantages of belonging to a Chapter for Dominican Laity.

Section One: Contents & Outlines

TOPIC 2

THE OBJECTIVE OF THE ORDER

History

St. Dominic and the early history of the Order
St. Dominic's expectations of his Order

Community

Developing the Dominican family spirit

The Three Mottoes

To present the Truth
To Praise, to Bless, to Preach
To contemplate and to give to others the fruits of contemplation

TOPIC 3

LIVING IN THE SPIRIT OF THE BEATITUDES IN THE WORLD TODAY

History

St. Dominic's austere life-style, his generosity and care of his neighbour, his love of people and his concern for their souls

Dominican Laity combating a materialistic world

Living an ordinary life in moderation and contentment

Being joyful and happy in all events

Being aware of one's gifts and using them to help others

Living in humility and exercising patience at all times

Practising penance each day

Section One: Contents & Outlines

TOPIC 4

THE DOMINICAN FAMILY TODAY - THE IMPORTANCE OF COMMUNITY

The Fathers, the Sisters, the Laity

Present day development of the Dominican Laity

Structure of Chapters, Government of Chapters

The importance of attendance at Chapter meetings

- by association with a group which has the same vision
- by example from members of the Order and stories of Dominican Saints
- by habits formed through common prayer
- by celebrations together for Dominican occasions - St. Dominic's and St. Catherine's feasts

TOPIC 5

THE DOMINICAN TERTIARY AS A CONTEMPLATIVE IN MODERN SOCIETY

A look at the possibility of building an interior life with God whilst maintaining a career in the world

Private prayer, Mass, Sacraments, the Rosary and Dominican prayers

Silence and solitude as a prelude to contemplation

History

St. Dominic, the first Dominican contemplative

Section One: Contents & Outlines

TOPIC 6

LITURGICAL PRAYER

Instruction in the saying of Morning and Evening Prayer
Study of the Psalms - early history, meaning
A brief study of the prophets and early biblical history

TOPIC 7

A STUDY OF THE RULE OF THE DOMINICAN LAITY

The advantages of following a Rule
The meaning of making a serious commitment

TOPIC 8

FORMATION

The training period for Dominican Laity

- Reception
- Temporary Profession
- Profession for life
- Commitment is a well-considered decision
- Obligations of the Dominican Laity

Community

- The Dominican as a parishioner
- Develop an awareness of the Apostolic mission of the Laity to pray, to study and to preach in their own sphere
- The Laity should be taught ways in which they can uphold moral values and the dignity of life

Formation for Dominican Laity
M. Thomson

**LAY DOMINICAN FORMATION PROGRAM
PROVINCE OF ST. JOSEPH (USA)**

Postulancy Program (1986)

1. **Spirit and Aims of St. Dominic**
 Doris Stukes

2. **Dominicans - People of the Word**
 Cynthia Mullen

3. **Dominicans as People of Prayer and The Practice of Lectio-Divina**
 Gabriel O'Donnell OP.

4. **Apostolate and the Lay Dominican**
 Mary Sheehy

5. **Community**
 Ann Maloney

6. **Lay Dominican Community in Practice**
 Josephine Kelly

The objective of this program is to familiarize oneself with the Dominican Order, its commitment to prayer, study, apostolate and community. During this time the person studying obtains a greater understanding and appreciation of the Dominican vocation.

Suggested Reading Includes:

Life of St. Dominic

[choose either Bede Jarrett or Guy Bedouelle as author]

Early Dominicans

Simon Tugwell OP

Section One: Contents & Outlines

Dominican Spirituality
William Hinnebusch OP

St. Dominic and the Order of Preachers,
Simon Tugwell [pamphlet]

The Dominicans A Brief History
John Rubba OP

Other Titles you might wish to add to your personal Library

The Dominicans, A Short History
W. Hinnebusch

St. Dominic's Family
Sr. M. Dorcy OP

St Catherine of Siena
Alice Curtayne

**THE PILLARS OF DOMINICAN LIFE
DOMINICAN SPIRITUALITY FOR THE LAITY**

Introduction

- I: Veritas - Truth**
- II. Contemplation for the Laity**
- III. Study**
- IV. Liturgical Prayer**
- V. Personal Prayer**
- VI. Meditation or Mental Prayer**
- VII. Devotion to the Blessed Virgin Mary**
- VIII Penance**
- IX. Community Life**
- X. Poverty**
- XI. Loyalty to the Church**
- XII. Preaching**

Conclusion

*Pillars of the Order
Gregory Anderson OP
Chaplain
San Francisco Chapter of Lay Dominicans*

SUGGESTIONS FOR THE FORMATION HANDBOOK

Father Tom Fitzgerald OP and Deacon John Ford OPL

1. PRELIMINARY NOTES

1. The Formation Handbook should be useful for 'ongoing formation' and not just for beginners.
2. It need not contain articles or treaties on matters Dominican.
3. But should simply indicate programmes to be followed under the direction of the Priest/Deacon/Religious Assistant, or to be followed by individuals not attached to a Chapter.
4. It should not be a 'text-book' of Dominican spirituality for the Laity - not necessary if the 'Formation Person' is doing her/his job
5. A period of Formation should be included in every Chapter meeting
6. For beginners a special meeting should be held apart from the general meeting to introduce them into the nature and working of the Third Order and Chapter meetings

2. FORMATION PROGRAMME - A THREE YEAR CYCLE OF INSTRUCTIONS

YEAR 1

1. The history of the Order
2. The History of the Third Order
3. The Spirit of St. Dominic
4. Dominican Prayer
 - a) The Prayer of the Church
 - b) The Rosary
 - c) Private Prayer

YEAR II

1. Dominican Apostolate - Truth in Action
2. Lives of the Dominican Saints and Blesseds of the Third Order

Section One: Contents & Outlines

YEAR III

1. Laity in the legislation of the Order
2. Provincial Chapters
3. General Chapters
4. Tertiary Rule as approved and amended
5. Proceedings of National Conventions

3. MEETINGS

1. Monthly Chapter Meetings
 - a) Business
 - b) Formation
 - c) Chapter Prayers, Benediction with Homily
 - d) Refreshments
2. Receptions and Professions - preferably in the Parish Church during a public Mass with the congregation
3. Retreat day(s) - annual

4. INSTRUCTIONS

1. To be given by the Priest/Deacon/Religious Assistant
2. On saying the Prayer of the Church
3. On contemplation/the Rosary
4. On Study
 - a) St. Thomas Aquinas
 - b) St. Catherine of Siena
 - c) Papal/Episcopal documents

5. SOURCES/BOOKS

1. Form or share a Dominican Library
2. Suggested titles
 - a) Early Dominicans
ed. Tugwell

Section One: Contents & Outlines

- b) The Gifts of the Spirit
St. Thomas Aquinas
- c) A First Glance at St. Thomas Aquinas
R. McInerney
- d) The Dominicans, A Short History
Hinnebusch
- e) A Summa of the Summa
Peter Kreeft
- f) St. Margaret Ebner Letters
ed. Hindsley
- g) The Three Greatest Prayers
St. Thomas Aquinas
- h) I Catherine
St. Catherine of Siena